

Picnic

gan / by Patricia Sumner

It's the perfect day for a picnic;
what shall we take?
Taid likes chicken butties
and spicy ginger cake.
Nain likes tomato soup
and potato pancakes.

Does 'na ddim cwmwl yn yr awyr, does 'na ddim cysgod ar y bryn,
does 'na ddim gwynt yn y goedwig, does 'na ddim ton fach ar y llyn.

Felly, brysiwch!

Dewch am dro ar draws y cae. Ho, ho, ho!

It's a lovely day for a picnic;
what shall we take?
Dad likes lots of veggies
and tuna pasta bake.
Mam likes fruity yoghurt
with little baby Jake.

Does 'na ddim cwmwl yn yr awyr, does 'na ddim cysgod ar y bryn,
does 'na ddim gwynt yn y goedwig, does 'na ddim ton fach ar y llyn.

Felly, brysiwch!

Dewch am dro ar draws y cae. Ho, ho, ho!

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It's a great day for a picnic;
what shall we take?
Aunty Mai likes cherries
and lemon drizzle cake.
Uncle Huw likes crempog
with cream, for goodness' sake!

Does 'na ddim cwmwl yn yr awyr, does 'na ddim cysgod ar y bryn,
does 'na ddim gwynt yn y goedwig, does 'na ddim ton fach ar y llyn.
Felly, brysiwch!

Dewch am dro ar draws y cae. Ho, ho, ho!

It's a brilliant day for a picnic;
what shall we take?
Siân likes nuts and berries
and banana milkshake.
I like pickled onions
and paddling in the lake.

Does 'na ddim cwmwl yn yr awyr, does 'na ddim cysgod ar y bryn,
does 'na ddim gwynt yn y goedwig, does 'na ddim ton fach ar y llyn.
Felly, brysiwch!

Dewch am dro ar draws y cae. Ho, ho, ho!

O'r diwedd, picnic blasus iawn... mmmmmmm!

Watch the accompanying rhyme video at www.booktrust.org.uk/bigwelshrhymetime



Picnic Activities

Purpose: Recognise food and ingredients, use of motor skills and food preparation skills as appropriate to the setting or home.

Materials needed: Dependent on recipe.

Important notes: Adult supervision essential. Please don't allow children to use sharp knives or get close to hot cookers. Ingredients can be substituted to account for allergies.

All recipes provided by Daffodil Kitchen.

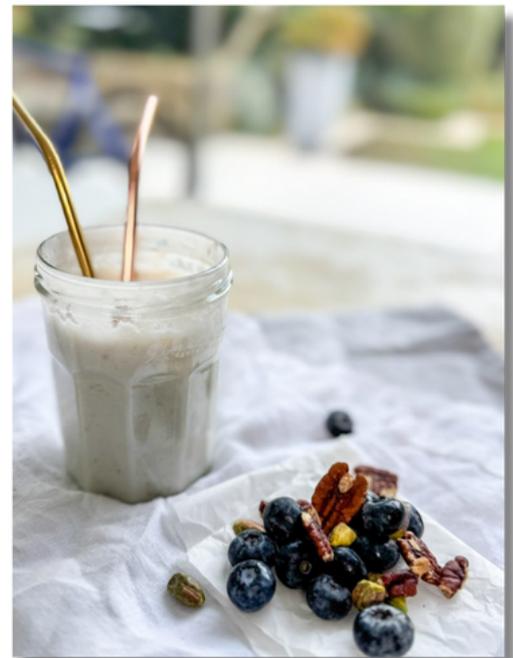
Siân's Healthy Banana Milkshake in a Jam Jar

Ingredients

- 1 small ripe banana – around 140g with skin on and ideally with lots of black spots on the skin
- 200g fridge-cold tinned coconut milk, or your milk of choice
- pinch of cinnamon powder
- 1 large jam jar

Instructions

1. Mash, mash, mash the peeled banana. The more you mash, the creamier and nicer the milkshake will be.
2. Tip it into a clean jam jar and add your milk of choice. Make sure you have a couple of centimetres free of milkshake before you add a lid. This will enable you to shake it properly.
3. Screw on the lid and shake, shake and shake again!
4. Remove the lid, sprinkle with a little cinnamon and enjoy straight away.



Daffodil Kitchen

BookTrust Cymru

Amser Rhigwm Mawr Cymru

Big Welsh Rhyme Time

Picnic Activities

Daffodil Kitchen have created delicious recipes to accompany the 'Picnic' rhyme. For more information about these recipes, please visit Daffodil Kitchen.

www.daffodilkitchen.com



Food images: Susan Davies